



my body

is mind

a comic by
mia makes it

thank you for your support!

**before you read, consider these
content warnings:**

**gender dysphoria
body dysmorphia
blood (menstruation)**

**comic by mia makes it
@miamakes_it
patreon.com/miamakesit
hiamakesit@gmail.com**

The relationship i have
with my body is

COMPLICAteD.



i live in it,

but sometimes i
feel outside of it.

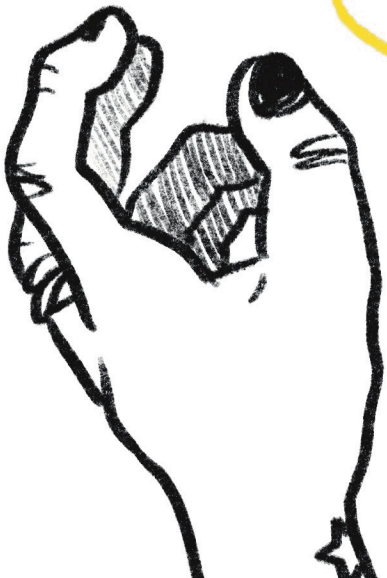
sometimes i feel

like

it's

not

mine.



it isn't

eaSY



but i hope it's

WorTh It

i'm trying to remember that

healing and growth aren't linear.

we all go through cycles

Just like the moon

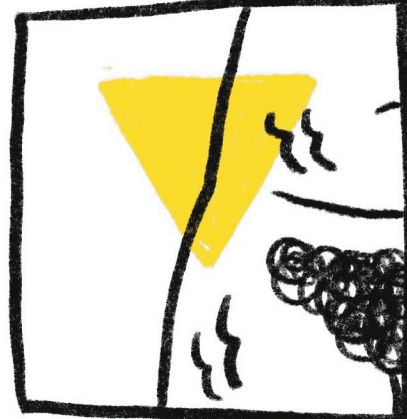
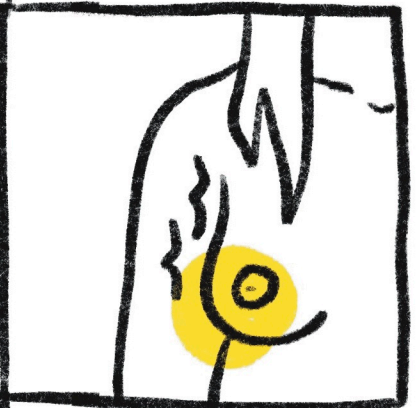
Just like nature...

"i hate my body."



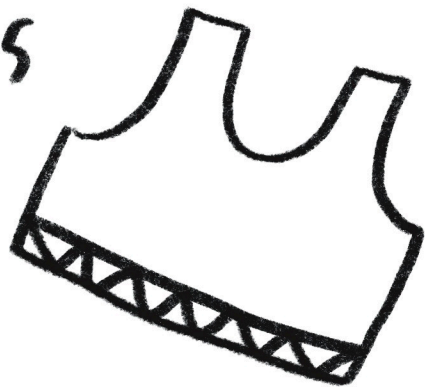
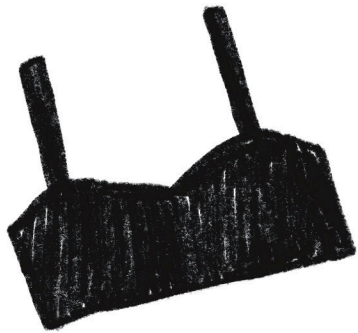
I feel this way when men leer at me.

I feel this way when I see my chest.



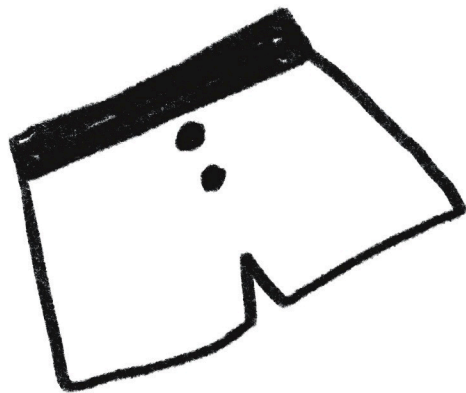
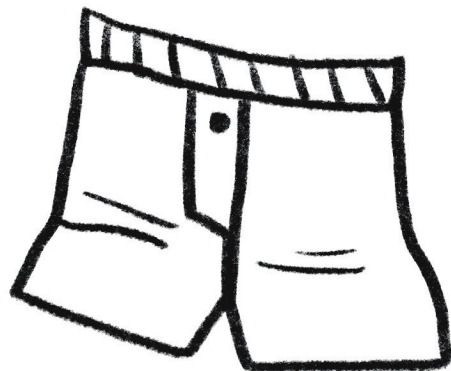
I feel this way when I shop for underwear.

i prefer
sports bras

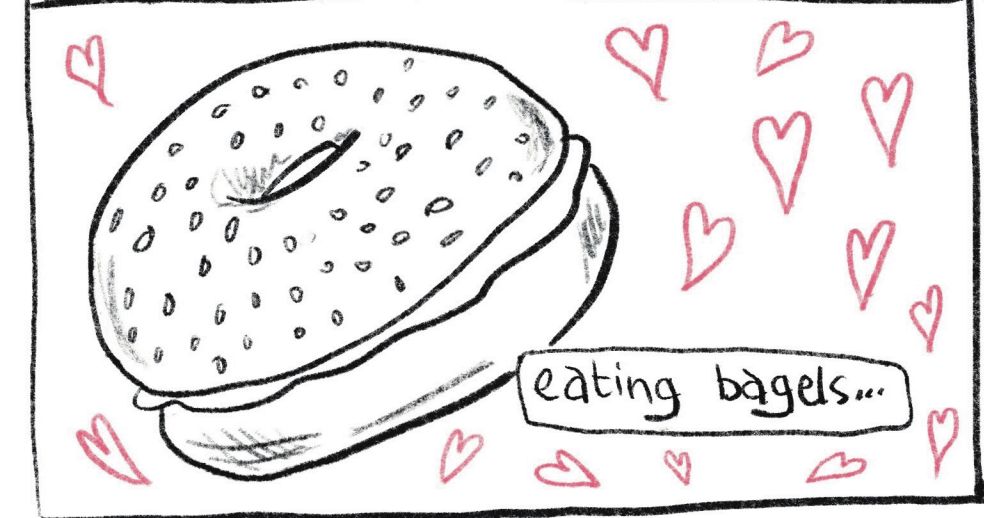
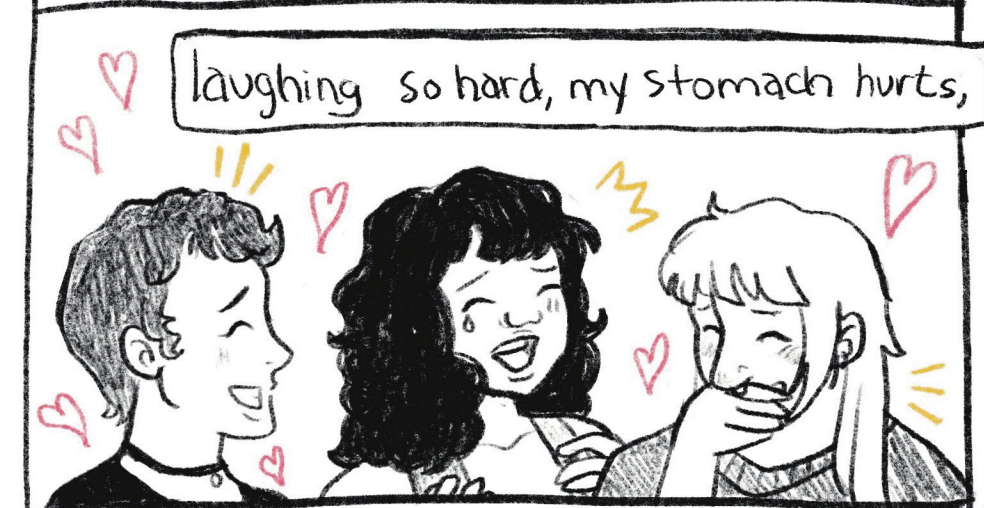
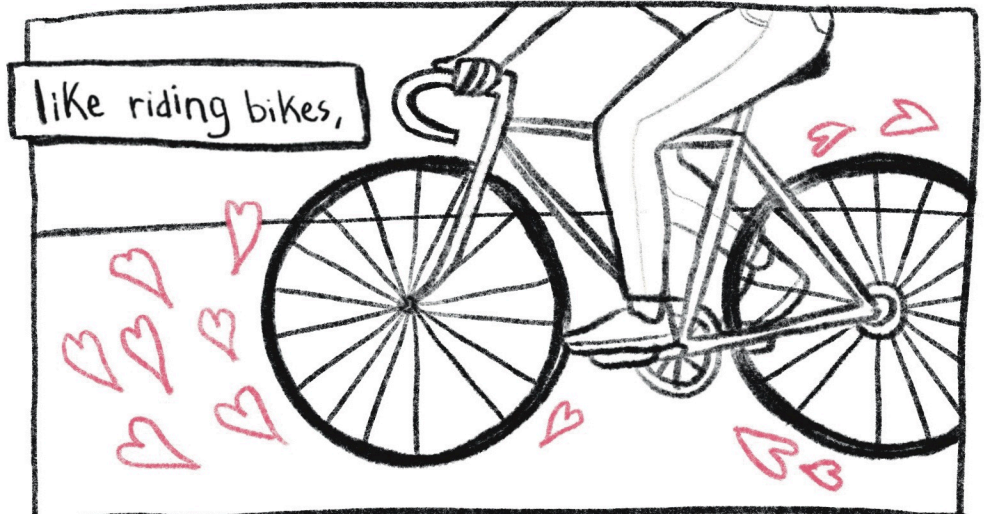


or binders.

i'd rather
wear boxers



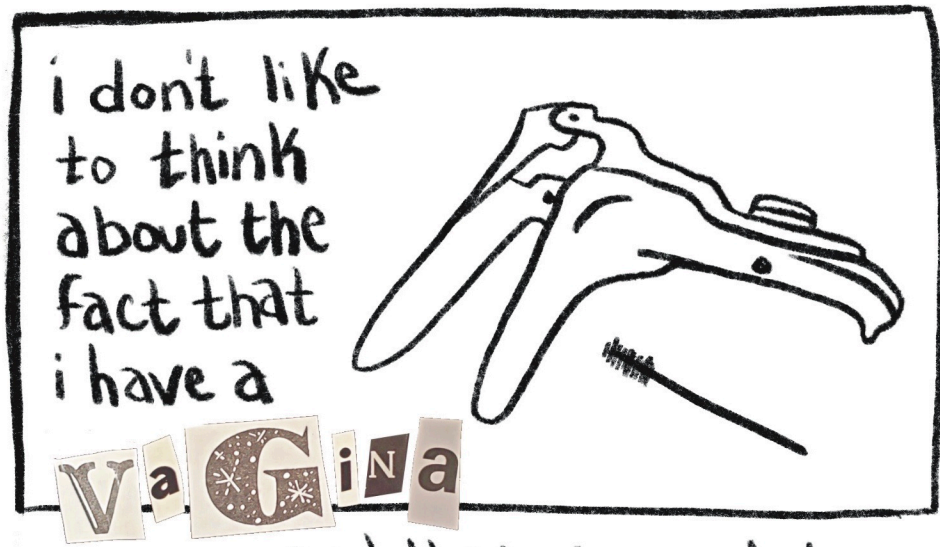
but i wish
they fit my
hips better.





and practice love with my body,

Remind myself that this soft vessel allows me to experience good things, too.



VAGINA

and that i need to take care of it.



i dont even want KIDS

and now, if i get pregnant,

it's not just
my business.

It's the

St**a**T**E**S

business.

all because

i was born
female.

That makes me resent
my body even more.



and i feel so

IS**O**L**a**T**E**d